

Elk River Senior Living

November

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hot Breakfast Served Wednesdays</p> <p>Bacon, Sausage, Eggs, and Pancakes or French Toast</p> <p>All meals are subject to change with proper notice</p>	<p>Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert</p> <p>*Alternate Menu is available upon request during mealtimes</p>	<p>Continental Breakfast Served M, T, Th, F, Sat, & Sun</p> <p>Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt</p>			<p>Breakfast: 1 Continental Breakfast Noon</p> <p>Tempura Shrimp Vegetable Fried Rice Sweet and Sour Sauce Evening Bacon, Egg and Cheese Croissant Fresh Fruit</p>	<p>Breakfast: 2 Continental Breakfast Noon</p> <p>Cheese Manicotti Italian Vegetables Garlic Toast Evening Tater Tot Hot Dish Dinner Roll</p>
<p>Breakfast: 3 Continental Breakfast Noon</p> <p>Homemade Meatloaf Mashed Potatoes Green Beans Evening Egg Salad Sandwich Potato Chips and Pickle</p>	<p>Breakfast: 4 Continental Breakfast Noon</p> <p>Baked Chicken Drumsticks Au Gratin Potatoes Roasted Beets Evening Chicken Alfredo Bake Side Salad, Garlic Toast</p>	<p>Breakfast: 5 Continental Breakfast Noon</p> <p>Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend Evening Beef and Cheddar Sandwich Curly Fries, Pickle</p>	<p>Breakfast: 6 Hot Breakfast Noon</p> <p>Chicken and Dumplings Mixed Vegetables Dinner Roll Evening Homemade Chili Cornbread</p>	<p>Breakfast: 7 Continental Breakfast Noon</p> <p>BBQ Turkey Mashed Potatoes Buttered Corn Evening 3 Cheese Ravioli Italian Vegetables</p>	<p>Breakfast: 8 Continental Breakfast Noon</p> <p>Pot Roast Sweet Potato Mash Roasted Green Beans Evening Beer Braised Bratwurst Broccoli Salad</p>	<p>Breakfast: 9 Continental Breakfast Noon</p> <p>Homemade Lasagna Italian Vegetables Garlic Toast Evening BBQ Brisket Sandwich Calico Beans</p>
<p>Breakfast: 10 Continental Breakfast Noon</p> <p>Beef Stroganoff Egg Noodles Seasoned Peas Evening Hawaiian Ham Sliders French Fries</p>	<p>Breakfast: 11 Continental Breakfast Noon</p> <p>Chicken Parmesan Seasoned Noodles Italian Vegetables Evening Grilled Rubeen German Potato Salad</p>	<p>Breakfast: 12 Continental Breakfast Noon</p> <p>Oktoberfest Ribs Red Potatoes Braised Cabbage Evening Apple Fritter French Toast Sausage Links Fresh Fruit</p>	<p>Breakfast: 13 Hot Breakfast Noon</p> <p>Smoked Tri Tip Sweet Potatoes Brussels Sprouts Evening Chicken Bacon Ranch Bake Cornbread</p>	<p>Breakfast: 14 Continental Breakfast Noon</p> <p>Spaghetti and Meatballs Italian Vegetables Garlic Toast Evening Turkey a La King Over Mashed Potatoes Puff Pastry</p>	<p>Breakfast: 15 Continental Breakfast Noon</p> <p>Coconut Shrimp French Fries Coleslaw Evening Homemade Beef Stew Dinner Roll</p>	<p>Breakfast: 16 Continental Breakfast Noon</p> <p>Country Fried Steak Mashed Potatoes Buttered Corn Evening Chipped Beef on Toast Seasoned Peas</p>
<p>Breakfast: 17 Continental Breakfast Noon</p> <p>Teriyaki Pork Wings White Rice Oriental Vegetables Evening Deli Turkey Sandwich Sun Chips and Pickle</p>	<p>Breakfast: 18 Continental Breakfast Noon</p> <p>Smokey Mountain Stew Mashed Potatoes Carrots Evening Crab Salad on a Croissant Fresh Fruit</p>	<p>Breakfast: 19 Continental Breakfast Noon</p> <p>Glazed Pork Loin Roasted Potatoes Buttered Peas Evening Beer Cheese Mac ad Cheese w/ Crispy Chicken</p>	<p>Breakfast: 20 Hot Breakfast Noon</p> <p>Beef Ragu Stuffed Dumplings Green Beans Evening Patty Melt Homemade Chips</p>	<p>Breakfast: 21 Continental Breakfast Noon</p> <p>Honey Baked Ham Scalloped Potatoes Broccoli Evening Deep Fried Cod Sandwich Coleslaw</p>	<p>Breakfast: 22 Continental Breakfast Noon</p> <p>Beer Battered Walleye Baked Potato Seasoned Beets Evening Chicken and Broccoli Casserole, Breadstick</p>	<p>Breakfast: 23 Continental Breakfast Noon</p> <p>Salisbury Steak Mashed Potatoes Buttered Corn Evening Ham Salad Sandwich Cucumber Salad</p>
<p>Breakfast: 24 Continental Breakfast Noon</p> <p>Glazed Meatballs Roasted Potatoes Mixed Vegetables Evening Grilled Cheese And Tomato Soup</p>	<p>Breakfast: 25 Continental Breakfast Noon</p> <p>Chicken Kiev Mashed Potatoes Sliced Beets Evening Deli Hoagie Sandwich Potato Chips Pickle</p>	<p>Breakfast: 26 Continental Breakfast Noon</p> <p>BBQ Ham Steak Finger Potatoes Bourbon Glazed Carrots Evening Pulled BBQ Pork Sandwich Coleslaw</p>	<p>Breakfast: 27 Hot Breakfast Noon</p> <p>California Burger Baked Beans Buttered Corn Evening Soft Shell Beef Tacos Spanish Rice and Beans</p>	<p>Breakfast: 28 Continental Breakfast Noon</p> <p>Roasted Turkey Mashed Potatoes and Gravy Green Bean Casserole Stuffing, Cranberry Sauce Dinner Roll Evening BOXED DINNER</p>	<p>Breakfast: 29 Continental Breakfast Noon</p> <p>Sausage Tortellini Italian Vegetables Garlic Toast Evening Sloppy Joe's Potato Salad</p>	<p>Breakfast: 30 Continental Breakfast Noon</p> <p>Corned Beef and Cabbage Red Potatoes Sourdough Bread Evening Tuna Melt Broccoli Salad</p>

