

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

**2:00 Saturday 1**  
**Movie Matinee=TH**  
Occasional Pet Therapy throughout the month with Oakley! 

New Year's Day

**10:00 Sunday 2**  
**Message by Joel Osteen & 10:30 Time of Grace Both on TV 52-2**

**1:00 Worship by Ron Metgzer=C**  
**2:00 Elk Bucks Bingo=C**  
**3:15 Social Hour=C**

**10:30 Gentle Fitness=F**  
**1:00 Outing: Shopping at Walmart or \$ Store**  
Packing Up Decor

**10:45 Catholic Service=C**  
**2:30 Movie Matinee & Popcorn=TH**  
Packing Up Decor

**10:30 Gentle Fitness=F**  
**2:00 Elk Bucks Bingo=C**  
Packing Up Decor

**10:15 Mind Stretchers=C**  
**11:00 Elk Buck Store=C**  
**1:00 Walking Group=L**  
*2:00 Happy Hour Entertainment by Ross McLeod=C*

**2:00 Saturday 8**  
**Movie Matinee=TH**

**10:00 Sunday 9**  
**Message by Joel Osteen & 10:30 Time of Grace Both on TV 52-2**

**11:00 Elk Buck Store=C**  
**1:00 Worship, Nowthen Alliance Church =C**  
**2:00 Elk Bucks Bingo=C**  
**3:15 Social Hour=C**

**10:30 Gentle Fitness=F**  
**11:00 Outing: Lunch Bunch to Pizza Ranch**  
**3:30 Card Coverall=C**

**10:45 Catholic Service=C**  
**1:30 Left, Center, Right Game=C**  
**2:30 Movie Matinee & Popcorn=TH**

**10:30 Gentle Fitness=F**  
**12:00 Blood Pressure Checks=C**  
**1:00 Resident Council=C**  
**2:00 Elk Bucks Bingo=C**

**10:15 Mind Stretchers=C**  
**11:00 Elk Buck Store=C**  
**1:00 Walking Group=L**  
*2:00 Happy Hour Entertainment by Diane Zilverberg=C*

**2:00 Saturday 15**  
**Movie Matinee=TH**

**10:00 Sunday 16**  
**Message by Joel Osteen & 10:30 Time of Grace Both on TV 52-2**

**11:00 Elk Buck Store=C**  
**1:00 Worship, Nowthen Alliance Church =C**  
**2:00 Elk Bucks Bingo=C**  
**3:15 Social Hour=C**  
Martin Luther King Jr. Day

**10:30 Gentle Fitness=F**  
**on TV=F**  
**2:00 Arts N Crafts=CR**  
**3:30 Card Coverall=C**

**10:45 Catholic Service=C**  
**1:30 Bunco=C**  
**2:30 Movie Matinee & Popcorn=TH**

**10:30 Gentle Fitness=F**  
**on TV=F**  
**1:15 You Tube=C** (How humanity doubled life expectancy in a century)  
**2:00 Elk Bucks Bingo=C**

**10:15 Mind Stretchers=C**  
**11:00 Elk Buck Store=C**  
**1:00 Walking Group=L**  
*2:00 Birthday Party, Entertainment by Barbara Lee Friedman=C*

**2:00 Saturday 22**  
**Movie Matinee=TH**

**10:00 Sunday 23**  
**Message by Joel Osteen & 10:30 Time of Grace Both on TV 52-2**

**11:00 Elk Buck Store=C**  
**1:00 Worship, Grace Church, Pastor Don=C**  
**2:00 Elk Bucks Bingo=C**  
**3:15 Social Hour=C**

**10:30 Gentle Fitness=F**  
**1:00 Outing: Shopping at Walmart or \$ Store**  
**3:30 Card Coverall=C**

**10:45 Catholic Service=C**  
**1:30 Left, Center, Right Game=C**  
**2:30 Movie Matinee & Popcorn=TH**

**10:30 Gentle Fitness=F**  
**1:15 Sing Along=C**  
**2:00 Elk Bucks Bingo=C**

**10:15 Mind Stretchers=C**  
**11:00 Elk Buck Store=C**  
**1:00 Walking Group=L**  
*3:00 Beat the Winter Blahs Party!=C*

**2:00 Saturday 29**  
**Movie Matinee=TH**

**10:00 Sunday 30**  
**Message by Joel Osteen & 10:30 Time of Grace Both on TV 52-2**

**11:00 Elk Buck Store=C**  
**1:00 Worship, Grace Church, Pastor Don=C**  
**2:00 Elk Bucks Bingo=C**  
**3:15 Social Hour=C**



**Elk River Senior Living**

**Location Key:**  
C=Community Rm  
F=Fitness Rm  
TH=Theater  
L=Lobby CR=Craft Rm

Programs and Times are subject to change, please see daily sheets on each floor. Email Darlene Anderson, Life Enrichment Director with questions to [darlene@elkriverseniorliving.com](mailto:darlene@elkriverseniorliving.com)