

Elk River Senior Living: June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Continental Breakfast 1 Noon Cranberry BBQ Meatballs Sour Cream Mashed Potatoes and Buttered Peas Evening Chicken Chow Mein White Rice and Egg Roll</p>	<p>Continental Breakfast 2 Noon Orange Chicken White Rice and Cream Cheese Wontons Evening Grilled Ruben w/ German Potato Salad</p>	<p>Continental Breakfast 3 Noon Roasted Turkey w/ Cornbread stuff and Butter Corn Evening Bacon Cheeseburger w/ Lettuce and Tomato Chips and Baked Beans</p>	<p>Continental Breakfast 4 Noon BBQ Glazed Pork Loin Brown Sugar Baked Yams and Cauliflower with Cheese Evening Chicken Nachos Shredded lettuce/Tomatoes/Cheese w/ Refried Beans</p>	<p>Continental Breakfast 5 Noon Almond Crusted Grouper w/ Baked Red Potatoes and Lemon Garlic Broccoli Evening Cilantro Chicken w/ Lime Rice and Mexican Street Corn</p>	<p>Continental Breakfast 6 Noon French Toast Casserole w/ Sausage Links and Fresh Fruit Evening Sausage Pizza w/ Ceasar Salad and Fruit Cup</p>
<p>Continental Breakfast 7 Noon Stuffed Chicken Breast Creamy Potato Gratin Cascade Blend Vegetables Evening Old Fashioned Tuna & Noodle Pickled Beets Berry Cup</p>	<p>Continental Breakfast 8 Noon Spaghetti w/ Meat Sauce Caesar salad and Garlic Bread Stick Evening BLT Sandwich w/ Potato Chips Cottage Cheese Peaches</p>	<p>Continental Breakfast 9 Noon Blue Cheese Chicken Sandwich w/ Potato Wedges and Coleslaw Evening Asian Chicken Salad w/ Sesame Breadstick</p>	<p>Hot Breakfast 10 Noon Herb Breaded Chicken w/ Garden Rice Pilaf Country Trio Vegetable Evening BBQ Pork Slider w/ Candied Onions French Fries and Fresh Fruit</p>	<p>Continental Breakfast 11 Noon Meat Loaf w/ Mashed Potatoes and Corn Evening Cheese Tortellini w/ Diced Ham and Peas With Garlic Bread</p>	<p>Continental Breakfast 12 Noon Crab Stuffed Flounder Topped with Hollandaise Sauce w/ Herb Roasted Potatoes and Carrot Blend Vegetables Evening Chicken Bacon Ranch Wrap w/ French Fries and Fruit</p>	<p>Continental Breakfast 13 Noon Pancakes w/ Scrambled Eggs, Hashbrowns and Sausage Evening Chipped Beef on Toast w/ Glazed Carrots</p>
<p>Continental Breakfast 14 Noon Patty Melt Sandwich w/ Fries and Pickles Evening Hot Ham and Cheese French Tater Tots and Fruit</p>	<p>Continental Breakfast 15 Noon Chicken Alfredo w/ Broccoli Garlic Toast and Peaches Evening Chili Cheese Dog on Bun w/ Italian Style Macaroni Salad</p>	<p>Continental Breakfast 16 Noon Summer Citrus Chicken Seasoned Orzo Mandarin Oranges Evening Personal Deep Dish Pizza w/ Broccoli and Bacon Salad</p>	<p>Hot Breakfast 17 Noon BBQ Country Style Ribs in Sauerkraut Mashed Potatoes Corn Evening Cold Tuna Macaroni Pasta Salad w/ Chips and Pineapple</p>	<p>Continental Breakfast 18 Noon Residents Choice Meal Evening Sweet and Sour Pork w/Stir Fry Vegetables and white rice</p>	<p>Continental Breakfast 19 Noon Beer Battered Walleye Baked Potato and Coleslaw Evening Boxed Dinner</p>	<p>Continental Breakfast 20 Noon Sausage & Vegetable Egg Bake w/ Breakfast Potatoes and Fruit Evening Grilled Hot Dog on Bun w/ Potato Salad, Baked Beans</p>
<p>Continental Breakfast 21 Noon Salisbury Steak Mashed Potatoes and Carrots Evening Broccoli and Cheese Soup w/ Turkey Croissant Sandwich</p>	<p>Continental Breakfast 22 Noon Teriyaki Grilled Chicken w/ Pineapple Salsa Coconut Rice and Asparagus Evening California Burger w/ Curly Fries and Watermelon</p>	<p>Continental Breakfast 23 Noon Parmesan Baked Chicken w/ Pasta In Marinara Sauce and Caesar Salad Evening Honey Baked Ham w/ Scalloped Potatoes and Green Beans</p>	<p>Hot Breakfast 24 Noon Open Face Beef Sandwich w/ Mashed Potatoes and Peas Evening Egg Salad On Croissant w/ Sun Chips and Coleslaw</p>	<p>Continental Breakfast 25 Noon Chicken Enchiladas Spanish Rice and Roasted Corn Evening Pulled pork mac and cheese w/ Honey Butter Carrots and Pears</p>	<p>Continental Breakfast 26 Noon Pesto Shrimp Pasta w/ Roasted Cherry Tomatoes and Garlic Bread Evening Smoked Turkey Sliders w/ Italian Pasta Salad and Pears</p>	<p>Continental Breakfast 27 Noon Breakfast Flat Bread Pizza and Fruit Evening Sloopy Joe on Bun Chips and Peaches</p>
<p>Continental Breakfast 28 Noon Beef Lasagna w/ Ceasar Salad and Garlic Bread Evening Chicken Drumstick Mashed Potatoes and Chicken Gravy Peaches</p>	<p>Continental Breakfast 29 Noon Meatloaf with Mashed Potatoes and Green Beans Evening Chicken Tender w/ Macaroni & Cheese, Country Trio Vegetables</p>	<p>Continental Breakfast 30 Noon French Dip w/ Tator Tots and Creamy Cucumber Salad Evening Chicken A La King over Biscuits w/ Baked Apples</p>	<p>Hot Breakfast Served Wednesdays Bacon, Sausage, Eggs, and Pancakes All meals are subject to change with proper notice</p>	<p>Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit, Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during mealtime</p>	<p>Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt</p>	<p>Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit, Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during mealtimes</p>