

Elk River Senior Living

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Continental Breakfast 31 Noon Tator Tot Casserole and Dinner Roll Evening Italian Style Deli Wrap Sun Chips Watermelon	Hot Breakfast Served Wednesdays Bacon, Sausage, Eggs, and Pancakes All meals are subject to change with proper notice	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit, Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during mealtimes	Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit, Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during mealtimes	Continental Breakfast 1 Noon Crab Stuffed Flounder Topped with Hollandaise Sauce Herb Roasted Potatoes Carrot Blend Vegetables Evening Chicken Bacon Ranch Wrap French Fries Fruit	Continental Breakfast 2 Noon Pancakes Scrambled Eggs Hashbrowns Sausage Evening Chipped Beef on Toast Glazed Carrots
Continental Breakfast 3 Noon Patty Melt Fries Pickels Evening Hot Ham and Cheese Tater Tots and Fruit	Continental Breakfast 4 Noon Chicken Alfredo Broccoli Garlic Toast Peaches Evening Chili Cheese Dog on Bun Italian Style Macaroni Salad	Continental Breakfast 5 Noon Summer Citrus Chicken Seasoned Orzo Mandarin Oranges Evening Personal Cheese Deep Dish Pizza Broccoli and Bacon Salad	Hot Breakfast 6 Noon BBQ Country Style Ribs in Sauerkraut Mashed Potatoes Corn Evening Cold Tuna Macaroni Pasta Salad Chips and Pineapple	Continental Breakfast 7 Noon Philly Cheese Steak Sandwich Onion rings Evening Sweet and Sour Pork w/Stir Fry Vegetables white rice	Continental Breakfast 8 Noon Beer Battered Walleye Baked Potato Coleslaw Evening Golash Mixed Vegetables Galic Bread	Continental Breakfast 9 Noon Sausage & Vegetable Egg Bake Breakfast Potatoes Fruit Evening Grilled Hot Dog on Bun Potato Salad Baked Beans
Continental Breakfast 10 Noon Lobster Bisque Havarti Grilled Cheese Evening Salisbury Steak Mashed Potatoes Carrots	Continental Breakfast 11 Noon Teriyaki Grilled Chicken w/ Pineapple Salsa Coconut Rice and Asparagus Evening California Burger Curly Fries Watermelon	Continental Breakfast 12 Noon Parmesan Baked Chicken w/ Pasta In Marinara Sauce Caesar Salad Evening Honey Baked Ham Scalloped Potatoes Green Beans	Hot Breakfast 13 Noon Open Face Beef Sandwich Mashed Potatoes Peas Evening Egg Salad On Croissant Sun Chips Coleslaw	Continental Breakfast 14 Noon Chicken Enchiladas Spanish Rice Roasted Corn Evening Pulled pork mac and cheese Honey Butter Carrots Pears	Continental Breakfast 15 Noon Pesto Shrimp Pasta w/ Roasted Cherry Tomatoes Garlic Bread Evening Smoked Turkey Sliders Italian Pasta Salad Pears	Continental Breakfast 16 Noon Breakfast Flat Bread Pizza Fruit Evening Sloopy Joe on Bun Chips Peaches
Continental Breakfast 17 Noon Beef Lasagna Ceasar Salad Garlic Bread Evening Chicken Drumstick Mashed Potatoes w/ gravy Peaches	Continental Breakfast 18 Noon Meatloaf Mashed Potatoes Green Beans Evening Chicken Tenders Macaroni & Cheese Country Trio Vegetables	Continental Breakfast 19 Noon French Dip Tator Tots Creamy Cucumber Salad Evening Chicken A La King over Biscuits Baked Apples	Hot Breakfast 20 Noon Cream of mushroom Pork Chop Beef Rice Asparagus Evening Beer Brat w/ sauerkraut on Bun Curly Fries	Continental Breakfast 21 Noon Residents Choice Meal Evening Strawberry Chicken Salad Topped with Blue Cheese, Candied Almonds and Raspberry Vin	Continental Breakfast 22 Noon Beer Battered Walleye Baked Potato Coleslaw Evening Cuban Sandwich Tator Tots	Continental Breakfast 23 Noon Corned Beef Hash Scramble eggs Toast Evening Cream Of Tomato Soup Grilled Cheese
Continental Breakfast 24 Noon BBQ Beef Ends Baked Potato Greens with Bacon Evening Mashed Potato Bowl w/ Breaded Chicken Tender, Corn and Gravy	Continental Breakfast 25 Noon Maple Bacon Chicken Sandwich Potato Wedges Coleslaw Evening Boxed Dinner	Continental Breakfast 26 Noon Lemon Garlic Pork Loin Baked Potato Broccoli Evening Teriyaki Chicken Stir Fry Over White Rice and Egg Roll	Hot Breakfast 27 Noon Swiss Steak w/Gravy Over Herb Mashed Potatoes Vegetable Blend Evening Deli Sandwich Lettuce/Tomato/Onion Potato Chip pears	Continental Breakfast 28 Noon Manicotti w/ Meat sauce Parmesan Zucchini Garlic Bread Evening Roasted Chicken Thigh and Leg Mashed Potatoes w/gravy Green Beans	Continental Breakfast 29 Noon Coconut Breaded Shrimp Sweet Potato Puff Green Beans Evening Chicken Fajitas Spanish Rice Seasonal Fruit	Continental Breakfast 30 Noon Sausage Egg & Cheese Breakfast Sandwich Hashbrown Yogurt Parfait Evening Chicken Noodle Soup Graden Salad w/ Sweet Basil Vinaigrette

