

Elk River Senior Living

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hot Breakfast Served Wednesdays</p> <p>Bacon, Sausage, Eggs, and Pancakes</p> <p>All meals are subject to change with proper notice</p>	<p>Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert</p> <p>*Alternate Menu is available upon request during meal times</p>	<p>Breakfast: 1 Continental Breakfast Noon Corned Beef and Cabbage Red Potatoes Sourdough Bread Evening Tuna Melt Broccoli Salad</p>	<p>Breakfast: 2 Hot Breakfast Noon Sausage Tortellini Italian Vegetables Garlic Toast Evening Sloppy Joe's Potato Salad</p>	<p>Breakfast: 3 Continental Breakfast Noon Chicken Kiev Roasted Potatoes Seasoned Peas Evening Turkey BLT Wrap Potato Chips</p>	<p>Breakfast: 4 Continental Breakfast Noon Tempura Shrimp Vegetable Fried Rice Sweet and Sour Sauce Evening Bacon, Egg and Cheese Croissant Fresh Fruit</p>	<p>Breakfast: 5 Continental Breakfast Noon Cheese Manicotti Italian Vegetables Garlic Toast Evening Tater Tot Hot Dish Dinner Roll</p>
<p>Breakfast: 6 Continental Breakfast Noon Homemade Meatloaf Mashed Potatoes Green Beans Evening Beer Cheese Soup Pretzel Breadstick and Fruit</p>	<p>Breakfast: 7 Continental Breakfast Noon Baked Chicken Drumsticks Au Gratin Potatoes Roasted Beets Evening Chicken Alfredo Bake Side Salad</p>	<p>Breakfast: 8 Continental Breakfast Noon Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend Evening Beef and Cheddar Sandwich Curly Fries</p>	<p>Breakfast: 9 Hot Breakfast Noon Chicken and Dumplings Mixed Vegetables Dinner Roll Evening Homemade Chili Cornbread</p>	<p>Breakfast: 10 Continental Breakfast Noon BBQ Turkey Mashed Potatoes Buttered Corn Evening Maple Bacon Chicken Sandwich, Potato Chips</p>	<p>Breakfast: 11 Continental Breakfast Noon Pot Roast Sweet Potato Mash Roasted Green Beans Evening Beer Braised Bratwurst Broccoli Salad</p>	<p>Breakfast: 12 Continental Breakfast Noon Homemade Lasagna Italian Vegetables Garlic Toast Evening BBQ Brisket Sandwich Calico Beans</p>
<p>Breakfast: 13 Continental Breakfast Noon Beef Stroganoff Egg Noodles Peas Evening Grilled Cheese Potato Chips Pickle</p>	<p>Breakfast: 14 Continental Breakfast Noon Chicken Parmesan Seasoned Noodles Zucchini Evening Grilled Rubeen German Potato Salad Pickle</p>	<p>Breakfast: 15 Continental Breakfast Noon Oktoberfest Ribs Red Potatoes Braised Cabbage Evening Apple Fritter French Toast Sausage Links Fresh Fruit</p>	<p>Breakfast: 16 Hot Breakfast Noon Honey Baked Ham Scalloped Potatoes Broccoli Evening Beer Cheese Mac ad Cheese w/ Crispy Chicken</p>	<p>Breakfast: 17 Continental Breakfast Noon Spaghetti and Meatballs Italian Vegetables Garlic Toast Evening Turkey A La King Mashed Potatoes</p>	<p>Breakfast: 18 Continental Breakfast Noon Coconut Shrimp Baked Potato Mixed Vegetable Evening Homemade Beef Stew Dinner Roll</p>	<p>Breakfast: 19 Continental Breakfast Noon Country Fried Steak Mashed Potatoes Buttered Corn Evening Chipped Beef on Toast Seasoned Peas</p>
<p>Breakfast: 20 Continental Breakfast Noon BBQ Pork Wings Baked Potato Green Beans Evening Ham and Swiss Sandwich Sun Chips, Pickle</p>	<p>Breakfast: 21 Continental Breakfast Noon Apricot Chicken Mashed Potatoes Asparagus Evening Crab Salad on a Croissant Fresh Fruit</p>	<p>Breakfast: 22 Continental Breakfast Noon Glazed Pork Loin Roasted Potatoes Buttered Peas Evening 3 Cheese Ravioli Italian Vegetables</p>	<p>Breakfast: 23 Hot Breakfast Noon Polish Sausage O'Brien Potatoes Brown Sugar Carrots Evening Patty Melt French Fries</p>	<p>Breakfast: 24 Continental Breakfast Noon Roasted Turkey Candied Sweet Potatoes Roasted Squash Evening Egg Salad Sandwich Cucumber Salad</p>	<p>Breakfast: 25 Continental Breakfast Noon Beer Battered Walleye Baked Potato Seasoned Beets Evening BBQ Chicken Breast Broccoli and Dinner Roll</p>	<p>Breakfast: 26 Continental Breakfast Noon Salisbury Steak Mashed Potatoes Buttered Corn Evening Ham and Scalloped Potato Casserole, Dinner Roll</p>
<p>Breakfast: 27 Continental Breakfast Noon Bourbon Glazed Meatballs Roasted Potatoes Mixed Vegetables Evening Butternut Squash Soup Mini Croissant and Fruit</p>	<p>Breakfast: 28 Continental Breakfast Noon BBQ Pork Chops Mashed Potatoes Buttered Corn Evening Deli Hoagie Sandwich Potato Chips Pickle</p>	<p>Breakfast: 29 Continental Breakfast Noon Harvest Chicken Finger Potatoes Bourbon Glazed Carrots Evening Deep Fried Cod Sandwich Coleslaw</p>	<p>Breakfast: 30 Hot Breakfast Noon California Burger Baked Beans Corn on the Cobb Evening Soft Shell Tacos Spanish Rice and Beans</p>	<p>Breakfast: 31 Continental Breakfast Noon Smokey Mountain Stew Garlic Mash Glazed Carrots Evening Chili Cheese Hot Dog Onion Rings</p>	<p>Continental Breakfast Served M, T, Th, F, Sat, & Sun</p> <p>Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt</p>	