

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Word Games 10:45 Catholic Srv.=C <u>Lunch</u> Relaxation 3:00 Active Game <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Art Project <u>Lunch</u> Relaxation 1:30 Cotton Candy 3:15 Elk River H.S. Band=C <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Balloon Toss <u>Lunch</u> Relaxation <i>2:00 Happy Hour</i> <i>Music Entertainment=C</i> <u>Dinner</u>	<u>Breakfast</u> Out for a Stroll <u>Lunch</u> Relaxation 1:30 Movie Matinee <u>Dinner</u> <small>Shavuot Begins</small>
<u>Breakfast</u> Art of Coloring* <u>Lunch</u> Relaxation Shoot Hoops* <u>Dinner</u>	<u>Breakfast</u> 10:30 Gentle Fitness <u>Lunch</u> Relaxation 1:00 Worship=C 2:00 Bingo=C <u>Dinner</u>	<u>Breakfast</u> 10:30 Sing Along <u>Lunch</u> Relaxation 2:00 Table Game <u>Dinner</u>	<u>Breakfast</u> 10:45 Word Games 10:45 Catholic Srv.=C <u>Lunch</u> Relaxation 3:00 Active Game <u>Dinner</u>	<u>Breakfast</u> 10:30 Art Project <u>Lunch</u> Relaxation 1:30 Movie Matinee* <u>Dinner</u>	<u>Breakfast</u> 10:30 Balloon Toss* <u>Lunch</u> Relaxation <i>2:00 Happy Hour</i> <i>Music Entertainment=C</i> <u>Dinner</u>	<u>Breakfast</u> Out for a Stroll <u>Lunch</u> Relaxation 1:30 Movie Matinee <u>Dinner</u>
<u>Breakfast</u> Art of Coloring* <u>Lunch</u> Relaxation Shoot Hoops* <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Gentle Fitness <u>Lunch</u> Relaxation 1:00 Worship=C 2:00 Bingo=C <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Make a snack <u>Lunch</u> Relaxation 2:00 Balloon Volleyball=C <u>Dinner</u> <small>Flag Day (US)</small>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Word Games 10:45 Catholic Srv.=C <u>Lunch</u> Relaxation 3:00 Active Game <u>Dinner</u> 5:30 Sing Along	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Art Project <u>Lunch</u> Relaxation 1:30 Going to the Movies <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Balloon Toss <u>Lunch</u> Relaxation <i>2:00 Birthday Party</i> <i>Music Entertainment=C</i> <u>Dinner</u> 5:30 Music Hour	<u>Breakfast</u> Out for a Stroll <u>Lunch</u> Relaxation 1:30 Movie Matinee <u>Dinner</u>
<u>Breakfast</u> Art of Coloring <u>Lunch</u> Relaxation 2:00 Father's Day Entertainment by Charlie Wyser=B <u>Dinner</u> <small>Father's Day Juneteenth</small>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Gentle Fitness <u>Lunch</u> Relaxation 1:00 Worship=C 2:00 Bingo=C <u>Dinner</u> 5:30 Music Hour	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Make a Snack <u>Lunch</u> Relaxation Outing: Lake George <u>Dinner</u> <small>Summer Begins</small>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Word Games 10:45 Catholic Srv.=C <u>Lunch</u> Relaxation 3:00 Active Game <u>Dinner</u> 5:30 Sing Along	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Art Project <u>Lunch</u> Relaxation 1:30 Going to the Movies <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Balloon Toss <u>Lunch</u> Relaxation <i>2:00 Happy Hour</i> <i>Music Entertainment=C</i> <u>Dinner</u> 5:30 Music Hour	<u>Breakfast</u> Out for a Stroll <u>Lunch</u> Relaxation 2:00 Rhythm Band <u>Dinner</u>
<u>Breakfast</u> Art of Coloring* <u>Lunch</u> Relaxation Shoot Hoops* <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Gentle Fitness <u>Lunch</u> Relaxation 1:00 Worship=C 2:00 Bingo=C <u>Dinner</u> 5:30 Music Hour	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Make a Snack <u>Lunch</u> Relaxation 2:00 Table Game 3:00 Music Entertainment <u>Dinner</u>	<u>Breakfast</u> 9:00 Pamper Time & 1-1 10:30 Word Games 10:45 Catholic Srv.=C <u>Lunch</u> Relaxation 3:00 Active Game <u>Dinner</u> 5:30 Sing Along	<u>Breakfast</u> 9:00 Pamper Time & 1-1 Red, White & Blue BBQ Lunch! Relaxation 1:30 Going to the Movies <u>Dinner</u>	Location Key: B=Bistro C=Community Rm TH=Theater Occasional Pet Therapy by Oakley.	

Programs and Times are subject to change, please see daily board near kitchen for changes. Email Darlene Anderson, Life Enrichment Director with questions. darlene@elkriverseniorliving.com