



11124 183<sup>rd</sup> Circle NW  
Elk River, MN 55330

October 2024

# Elk River Senior Living News



Elk River Senior Living \* 11124 183<sup>rd</sup> Circle NW Elk River, MN 55330 \* 763-276-7076

## We are at your service!

**Brittney Snegosky**  
Executive Director

**Shari Kish-Neal**  
Director of Nursing

**Heather Pollari**  
RN Nurse Manager

**Brianna Steinhaus**  
RN Nurse Manager

**Liz Bosman**  
Marketing Director

**Darlene Anderson**  
Life Enrichment Director

**Anna Johnson**  
Culinary Director

**James Harris**  
Maintenance Director

**Angie Johnson**  
Assistant Office Manager



*From Brittney's Desk*

*Hello,*

*Thank you to everyone who participated in our Assisted Living Week activities!*

*We are excited to announce that two of our employees, Liz Bosman and Hailey Bechtold, have started training with the Alzheimer's Association to become dementia support group facilitators. We are looking forward to hosting ongoing support groups here at the community. More information will be shared as their training progresses.*

*A couple reminders:*

*Although we appreciate the thought-we are not able to accept donations*

*In effort to keep everyone safe and maintain a secured building please do not open the door for people you do not know*

*Best regards,*

*Brittney Snegosky*  
*Executive Director*



Excuse me, but are you following us?



Follow us on Facebook to see more pictures.  
and learn what else is happening at Elk  
River Senior Living!



[Facebook.com/Elkriverseniorliving](https://www.facebook.com/Elkriverseniorliving)

Essential Beauty Salon  
Here at Elk River Senior Living  
Call for appointment at  
651-302-5644







### Happy Birthday to our October Birthdays

10/4 Arlis B.  
10/8 Beverly P.  
10/10 Nancy U.  
10/13 Shirley R.

10/15 Doris S.  
10/22 Richard Z.  
10/31 Colleen D.

Our Monthly Birthday Party will be held  
October 16<sup>th</sup> at 2:00 in Community Rm



### Let's Go! October Outings!

- \* Thursdays, Shopping at Walmart
- 10/8 Strolling in the Park=Elk Lodge
- 10/15 Lunch at Café Bar Bowl
- 10/29 Fall Drive & DQ
- 10/30 Fall Drive & DQ=Elk Lodge

Please sign up in the Sign-up book  
in the Bistro



### Music & Speaker Entertainment for October

- 10/2 Mike Larson
- 10/9 Kevin Wegman
- 10/9 Jerry Fisher
- 10/23 Bill Cagley
- 10/31 Nigel Egg

OCTOBER DRESS UP DAYS 10/28 - 11/1	
MONDAY 10/28	FLANNEL DAY
TUESDAY 10/29	FALL COLORS DAY
WEDNESDAY 10/30	HAT DAY
THURSDAY 10/31	HALLOWEEN COSTUMES
FRIDAY 11/1	SWEATER WEATHER



October 2<sup>nd</sup> at 2:00 in the community room  
Entertainment by Mike Larson on accordion,  
Large warm pretzels, dipping cheese &  
BEER!

### Fall Event

Entertainment by Bill Cagley.  
October 23<sup>rd</sup> at 2:00 in the  
community room

Apple Pie Al a mode!



October 31<sup>st</sup>

### Costume Halloween Party!

Games, Food, Music

Entertainment by Nigel Egg

Residents and Staff that wear a costume get  
their name added to the two separate \$25.00  
drawings



We all had a good time at  
the Fair Food Event with  
music, dancing and lots of  
fair style food. Cindy even  
got in the spirit by wearing  
a rooster hat.

Domestic type activities can be very  
therapeutic and purposeful to folks living  
with Dementia. Some examples of these  
activities are swiping the floor and dusting.  
These activities are offered to some  
residents at times if they have express joy  
in "helping".



Blood Pressure checks are available at no  
cost on the 2<sup>nd</sup> Tuesday of the month at 12:45 in  
the community room.



If you're interested in being seen by  
the Podiatrist, please sign up at the  
front desk.

Next Resident Council is October 8<sup>th</sup> at 1:00  
pm held in the Community Room



Next Family Care Giver Support meeting will  
be Wednesday, October 16<sup>th</sup> at 6:30pm in the  
community room.



Registration and Election Ballot  
Applications are available near the  
front desk in a blue folder.

Please see Darlene, LE with  
questions



October  
Employee of the  
Month  
Is  
Gabby Morgan

Employee of the month of October is Gabby  
Morgan

Gabby has work as a weekend cook for one year.  
She says she loves making new dishes for the  
residents and staff and enjoys hearing and  
seeing their reactions to the meals.

Gabby's hobbies and interests include playing  
with her cat, gardening, running, camping,  
observing wildlife. Her favorite animal is a  
Blanding's Turtle.

She would like the residents to know, she works  
very hard to get meals out on time and hopes  
they enjoy them.

Congratulations Gabby!

Looking for Volunteers to come and play  
piano or guitar occasionally.

Looking for Bridge players, let the Life  
Enrichment Dept. know you're interested.

Refer someone to Elk River Senior Living, if they move in,  
you both receive \$1000. Deduction for one month's rent!  
Please share your referral with the Marketing Director.



"Did you know we have a guest apartment at Elk River  
Senior Living? If you have out of town guests that need a  
place to stay, it is a comfortable, affordable, and  
convenient alternative to a hotel. The apartment is  
\$75/night and includes continental breakfast. See the  
front desk if you're interested in reserving it."